



# Pharmacy Grand Rounds

200 First Street SW  
Rochester, Minnesota 55905  
<https://ce.mayo.edu/pharmacy-grandrounds2021>

## Get Psyched: Legislative Approval of Medical Psychedelics and their Implications

**Session Date:** 01/23/2024

**Session Time:** 11:00 – 11:45 AM (CST)

### Target Audience

This continuing education (CE) session was planned to meet the needs of professional staff who deal with the selection and monitoring of medication(s) as part of their patient care duties, including pharmacists, RNs, APRNs, PAs, MDs.

### Activity Overview

In 2023, Oregon passed monumental legislation related to the medicinal use of psychedelic medications, namely psilocybin, known colloquially as “magic mushrooms.” Other states, including Washington, California, and Minnesota are gearing up to consider similar policies but when considering a Schedule I medication according to the Federal Government, how do the current literature and policies measure up to oncoming demand? This Pharmacy Grand Rounds will provide a brief overview of the available literature for utilization of medicinal psychedelics, implications of the current legislative process and proceedings that have allowed for the use of psychedelics and other Schedule I medications, and pontificate on next steps states and hospitals need to consider when treating patients with these therapeutics.

### Learning Objectives

At the conclusion of this knowledge-based CE session, participants should be able to:

1. Review current literature surrounding the medical use of psychedelics
2. Discuss recent legislation passed across the United States regarding use of medicinal psychedelic
3. Determine considerations for next steps pertaining to utilization of medicinal psychedelics for states and hospitals

### Faculty Information

Natalie Hagy, PharmD  
PGY2 Health System Pharmacy Administration and Leadership  
Resident  
Mayo Clinic Hospital - Rochester, MN

Natalie received a Doctor of Pharmacy degree from The Ohio State University College of Pharmacy and is a current PGY2 Health-System Pharmacy Administration and Leadership pharmacy resident at Mayo Clinic Hospital – Rochester. Her practice and management interests include transitions of care, neurology/psychology and geriatrics.



## Approved Provider Statement



JOINT ACCREDITATION™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity is planned and implemented by Mayo Clinic College of Medicine and Science. Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

### Credit Statements

#### AMA

Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 0.75 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### ACPE



**ACPE Universal Activity Number (UAN):** JA0000238-0000-24-004-L01-P

Mayo Clinic College of Medicine and Science designates this educational activity for a maximum of 0.75 ACPE Knowledge-based contact hours. Participants should claim only the credit commensurate with the extent of their participation in the activity

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#### AAPA



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## Educational Format and CE Requirements

This CE session is available as a live presentation, including live webcast. Participants must complete the following to record attendance and obtain CE credit:

1. Attend the entire session.
2. Text the session code to 507-200-3010 within 48 hours of the live presentation to record attendance.
  - a. This number is only used for receiving text messages related to tracking attendance
  - b. Employees are encouraged to create a contact in their mobile phone, as the same number is used to record attendance for every session
3. Complete the online evaluation for the respective session within 2 weeks of live presentation.

Pharmacist CE credit is electronically transferred to the National Association of Boards of Pharmacy CPE Monitor. To track CE, please go to [NABP CPE Monitor](#).

Non-pharmacist attendees can print out a record of attendance at [ce.mayo.edu](http://ce.mayo.edu) after completing the evaluation and claiming credit.

[Live Webcast](#) - access during presentation times

## Disclosure Summary

As a provider accredited by Joint Accreditation for Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity and scientific rigor in its educational activities. All who are in a position to control the content are required to disclose all financial relationships with any ineligible company. Faculty will also identify any off-label and/or investigational use of pharmaceuticals or instruments discussed in their content for FDA compliance.

Listed below are individuals with control of the content of this program:

The faculty report the following relationships:

- Natalie Hagy, PharmD
  - Declares no financial relationship(s) pertinent to this session
  - Declares off-label use of medications will be discussed for psilocybin, LSD, and MDMA

Course Director and Planning Committee Members declare no relevant financial relationship(s) pertinent to this session. Members include:

- Jennifer Elmer, DNP, APRN, CCNS
- Andrew Herber, PA-C
- Sarah Jane Kotval, BSW, RSS Coordinator
- Scott Nei, PharmD, BCPS, BCCCP, FCCM, FMSHP
- Wayne Nicholson, MD, PharmD, BCPS
- Sara Thompson, PharmD, MEd, BCACP

All relevant financial relationships have been mitigated.

For additional disclosure information regarding Mayo Clinic School of Continuous Professional Development accreditation review committee members visit [ce.mayo.edu](http://ce.mayo.edu), About Us, Disclosures - or - <https://ce.mayo.edu/content/disclosures>

## System and Technical Requirements

For participants viewing the webcast, sessions are delivered via Mayo Clinic intranet web browser and Adobe® PDF. For participants viewing outside the Mayo Clinic firewall, a VPN connection is required for remote access. Recommended web browser includes Google Chrome. This session is planned and coordinated by **the Department of Pharmacy, Mayo Clinic**.