

# What's New in Family Medicine 2022-2023 Online Course

## Activity Description

What's New in Family Medicine 2022-2023 online course is the third in a series that focuses on a myriad of topics that are important to the broad specialty of family medicine. This course provides learners with current and relevant updates for daily management of various patient health concerns encountered commonly in primary care. Some topics that are explored include reducing health care disparities; assessing and managing a psychiatric crisis; antimicrobial stewardship; HIV PREP; aspirin for primary prevention of CV disease; facilitation of advanced care planning; the evaluation of anemia; and updates in diabetes management including the use of continuous glucose monitors. The 2022 guidelines addressing the management of mastitis spectrum disorders; the use of opioids for treatment of pain; and point-of-care ultrasound (POCUS) - an emerging modality in primary care, are also explored.

## Target Audience

This activity is appropriate for primary care physicians, physician assistants, nurse practitioners and nurses.

## Learning Objectives

Upon conclusion of this activity, participants should be able to:

- Review best practices and updates in HIV management
- Differentiate how to integrate advanced care planning into routine care for your patients
- Identify best practices for reducing health care disparities across the practice of medicine
- Determine when it is safe and advisable to use antibiotics in patients with various diagnoses
- Review updates and clinical practice strategies in commonly treated conditions, such as anemia and diabetes, that present to primary care
- Recognize the signs of a patient in psychiatric crisis
- Identify best practices and updates for the use of aspirin for primary prevention of cardiovascular disease
- Review updated 2022 guidelines and recommendations from the Academy of Breastfeeding Medicine (ABM) on mastitis spectrum disorders
- Review the updated 2022 CDC guidelines on opioid prescribing
- Distinguish common applications for Point of Care Ultrasound (POCUS) use in primary care

Attendance at this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

## Accreditation Statement



In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

## Credit Statement(s)

### AMA

Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of 12.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## ANCC

Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of 12.00 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.



Mayo Clinic College of Medicine and Science designates this educational activity for a maximum of 12.00 knowledge-based contact hours. Participants should claim only the credit commensurate with the extent of their participation in the activity.

UAN Number: [insert UAN Number](#)

## AAFP

The AAFP has reviewed Updates in Family Medicine Online Course and deemed it acceptable for up to 12.00 Enduring Materials, Self-Study AAFP Prescribed credits. Term of Approval is from 08/4/2023 to 08/3/2024. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s)<sup>™</sup> toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

## Other Healthcare Professionals

A record of attendance will be provided to all registrants for requesting credits in accordance with state nursing boards, specialty societies or other professional associations.

## Disclosure Summary

As a provider accredited by Joint Accreditation for Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity and scientific rigor in its educational activities. All who are in a position to control the content are required to disclose all financial relationships with any ineligible company. Faculty will also identify any off-label and/or investigational use of pharmaceuticals or instruments discussed in their content for FDA compliance.

***Listed below are individuals with control of the content of this program who have disclosed...***

### ***Relevant financial relationship(s) with ineligible companies:***

<b>Name</b>	<b>Nature of Relationship</b>	<b>Company</b>
Sara Ausman, Pharm.D., R.Ph.	Consultant	Gilead Sciences
Kimberly Herman, A.P.N.P.	Consultant	Rheumatology Advanced Practice Providers
Daniel Ilges, Pharm.D., R.Ph., BCIDP	Consultant	Shionogi U.S.A., Inc.
Christina O'Connor, Pharm.D., R.Ph.	Consultant	Health Strategies Insights by Eversana Gilead Sciences Jobson Health Information

***All relevant financial relationships listed for these individuals have been mitigated.***

### ***No relevant financial relationship(s) with ineligible companies:***

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**References to off-label and/or investigational usage(s) of pharmaceuticals or instruments in their presentation:**

Name	Manufacturer/Provider	Product/Device
Sarah Gossett, C.N.P., A.P.N.P.	Generic Lilly	Topiramate Mounjaro (tirzepatide)

For disclosure information regarding Mayo Clinic School of Continuous Professional Development accreditation review committee member(s) please visit: <https://ce.mayo.edu/content/disclosures>.

## Disclaimer

Participation in this Mayo Clinic educational activity does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course. You should be aware that substantive developments in the medical field covered by this recording may have occurred since the date of original release.

## Prerequisites for Participation

There are no prerequisites needed prior to participating in this education activity.

## Method of Participation

Participation in this activity consists of reviewing the educational material, completing the learner assessment and evaluation.

## How to Obtain Credit

To obtain credit, complete the assessment, evaluation and submit.

## Release and Expiration Dates

Release Date: 08/04/2023  
Renewal Date: (If applicable)  
Expiration Date: 08/03/2026

## Acknowledgement of Commercial Support

No commercial support was received in the production of this activity.

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## Bibliographic Resources

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