Mayo Clinic Talks: Eating Disorders Edition

# Activity Description

This is an initial offering of an online CME course for primary care clinicians consisting of seven Mayo Clinic Talks podcast episodes focusing on the background, medical management, and principles of treatment of child and adolescent eating disorders.

# Target Audience

This activity is appropriate for primary care physicians, physician assistants and nurse practitioners.

# Learning Objectives

Upon conclusion of this activity, participants should be able to:

* Identify the various presentations of child and adolescent eating disorders relevant to the primary care provider, including those symptom profiles most commonly missed or misdiagnosed.
* Describe appropriate medical management for child and adolescent primary care patients with eating disorder symptoms.
* Discuss recommendations and advice for management of child and adolescent eating disorder symptoms for patients and families.

Attendance at this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

# Accreditation Statement

In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

# Credit Statement(s)

Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of 3.00 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

# Disclosure Summary

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**Listed below are individuals with control of the content of this program who have disclosed…**

**Relevant financial relationship(s) with ineligible companies:**

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| --- | --- | --- |
| Marcie L. Billings, M.D. | Stock/Stock Options/Warrants | Benchmark, IBM |
|  | Board of Directors | MN Chapter of American Academy of Pediatrics |
| Scott Crow, M.D. | Full-time/Part-time Employee | The Emily Program |
| Carol B. Peterson, Ph.D., L.P. | Grant/Research Support | NIH Federal Grants for Research |

**No relevant financial relationship(s) with ineligible companies:**

Jocelyn R. Lebow, Ph.D., L.P.

Angela C. Mattke, M.D.

Paige I. Partain, M.D.

**References to off-label and/or investigational usage(s) of pharmaceuticals or instruments in their presentation:**

|  |  |  |
| --- | --- | --- |
| Scott Crow, M.D. | Fluoxetine | Multiple manufacturers |
|  | Buproprion | Multiple manufacturers |
|  | Lisdexamfetamine | Vyvanse |

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# Disclaimer

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# Prerequisites for Participation

There are no prerequisites needed prior to participating in this education activity.

# Method of Participation

Participation in this activity consists of reviewing the educational material, completing the learner assessment and evaluation.

# How to Obtain Credit

To obtain credit, complete the assessment, evaluation and submit.

# Release and Expiration Dates

Release Date: 04/01/2022

Expiration Date: 03/31/2025

# **Acknowledgement of Commercial Support**

No commercial support was received in the production of this activity.

# Faculty and Course Director Listing and Credentials

Course Director(s)

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# Bibliographic Resources

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